

Yankton Sertoma 7 on 7 Passing League FAQ

About Us:

Q: What's the mission?

A: The mission of Yankton Sertoma 7 on 7 Passing League is to grow and develop young athletes in football fundamentals, proper techniques, and skill development in a fun and safe environment.

Our program is a minimal contact (touch) league and serves 3rd-6th grade. It is designed for all skill levels.

Teams:

Q: How are teams formed?

A: There are two ways teams are formed.

Yankton Area will have Individual registration: players register will be placed on a team with volunteer coaches. Teams will consist of 9- 10

Outside Yankton a Team registration: consists of 9 -12 players per team and secures their own coach.

Who is on my team?

A: The following is how teams are determined:

Players that go to the same school, live in the same neighborhood, or city are placed together whenever possible.

Q: What team is my son/daughter on?

A: Coaches will receive a full roster at least one week prior to the first game. It is then their responsibility to contact their team.

Q: What happens if I haven't been contacted by my coach?

A: Contact the League: Steve Sager (swssager@yahoo.com) or Jason Nelson (jason4nelson@gmail.com)

Q: What happens if we don't have 7 players?

A: If your team is short players for a game, the game will be played "as is". However, if a team has 4 or less players it is considered a forfeit.

Q: Who can participate in the league?

A: Any boys or girls in Yankton and surrounding areas are welcome to play in the league.

Q: What if my son/daughter has never played football before?

A: The league is designed for all ages and skill levels.

Q: Who do I contact if I have an issue?

A: If the issue is in regards to the team, practices, etc. please contact your team manager, assistant coach or head coach. If the issue is in relation to other items seek out the site manager on game day or send an email to Steve Sager (swssager@yahoo.com) or Jason Nelson (jason4nelson@gmail.com)

Practice:

Q: When do we practice?

A: Practice is optional and at the coaches discretion. Practices are limited to 1 per week during the season. YSF does not organize practices.

Q: Do you provide footballs for practice?

A: Footballs are not provided for practice – only games.

Q: What football sizes are appropriate for my son/daughter? A: Football sizes are as follows:

1st and 2nd – peewee

3rd and 4th – peewee or junior

5th and 6th – junior or youth

7th and 8th – youth or high school

Games:

Q: When are the games?

A: Games are as follows:

There will be 10 -12 games over 6 weeks.

The schedule will be sent to your coaches and be can be found online

Q: How long are the games?

A: Two 25 minute halves (running time) and one 5-minute halftime. All games will start at the same time, break at the same time, and end at the same time. This allows us to stay on schedule and provides for smooth transition from one game to the next. *Please note: Games will not be delayed because a team doesn't have a full line-up.*

Q: Where are the games?

A: Games are played at Yankton High School football practice fields on Saturday Mornings.

Q: What time is the game?

A: See the schedule for your team's start time. The times listed is when the game starts we highly encourage you to arrive at least 15 minutes prior to start time.

Attire/Equipment:

Q: What should my son/daughter wear?

A: We highly recommend dressing in layers (parents too!). Often the field is windy and the weather can be deceiving. Layers include:

- Long sleeve or sweatshirt under team jersey.
- Jogging pants
- Thermal compressions (pants and long-sleeve)
- Stocking Hat
- Gloves (either football or regular)
- Extra socks

Q: Is there any mandatory equipment?

A: There are two mandatory items all players must have:

- Team jerseys: will be distributed by the coach prior to the first game day
- Mouth guards: are required in order to play. **Players that do not have mouth guards will not be able to play.**

Q: What other equipment/supplies are needed?

A: The following items are recommended:

- Cleats – either football or soccer (no metal cleats are allowed).
- Water bottle – bring filled in case the stadium water is not turned on.
- Soft-shell helmets.

Q: What are soft-shell helmets?

A: In non- contact situations, collisions still occur. Soft Helmets are NOT REQUIRED, but RECOMMENDED for anyone with a previous Head injury.

Some options are:

- Schutt Youth Soft Cap.
- Rock Solid
- Or approved equal.

Weather:

Q: What happens if it rains, snows, or other severe weather?

A: Field space is extremely difficult to secure therefore, we will try and play in any and all weather. Thus the importance of dressing appropriately. However, player safety is a top priority. Therefore, the following guidelines are in place:

Games are cancelled on-site and game by game.

Example: 1pm game starts, lightening is spotted at 1:05 that game (and only that game) will be delayed or cancelled.

Q: How will I know if a game is cancelled?

A: Per above, the delay or cancellation of a game is determined on-site and game by game. We will contact the coaches, who will contact the parents. We encourage everyone to dress appropriately and show up. In addition, we highly recommend following social media as announcements may be made on there as well.

Rules:

Q: What are the rules of 7on7?

A: Rules can be found on the website.

Q: Will the rules be explained to the players?

A: We encourage that all parents and coaches help the players understand the rules.

Q: Is there equal playing time?

A: As outlined in the coach's code of conduct we request fair playing time and equal development of all players, regardless of the score. We also stress the importance of having fun and good sportsmanship.

Q: Do you have refs?

A: Refs will be YHS Football Players and Staff.